

ABOUT LELUNG DHARMA TRUST

The Lelung Dharma Trust, a UK registered charity (no. 1079844), was founded in 2000 by H.E. The 11th Lelung Tulku.

The main aims of the Trust are to promote education about the culture and way of life of Tibetan people and the subject of Tibetan Buddhism through meditation, religious observance and the provision of financial support to Buddhist monks, nuns and others in need including children, elders and university students.

The Lelung Dharma Trust Projects include:

- Lhaksam - medical support for Tibetan refugee settlements
- Publishing the teachings of the 5th Lelung Rinpoche
- Geden Phacho Bhucho Project - preservation of Buddhist teachings
- Thangka Project - Lelung Lineage
- Shide-Peace Project - www.shide-peace.org

Our amazing friends have generously contributed towards the Lelung Dharma Trust's recent COVID-19 appeal for the Tibetan refugee communities in India enabling us to purchase an ambulance, provide vaccinations, oxygenators and sponsor salaries of nurses and doctors in communities where more support was needed. So far £108,000 has been given for urgent medical assistance.

For further information, please contact **Lelung Dharma Trust** Peace House, Parkside Way, North Harrow, HA2 6BX
Email: info@lelung.org | Tel: 0208 424 8446 | Web: www.lelung.org



Can you sponsor a child, a monk, a nun, or an elderly Tibetan refugee?

SPONSORSHIP PROGRAMME

Child sponsorship provides a unique relationship, that brings real hope and a positive-life experience. It provides the beneficiary and their community with life-changing basics like nutritious food, clean water, healthcare and education.

Since the COVID-19 pandemic, the Lelung Dharma Trust has been receiving increased requests from Tibetan communities, especially in India and Nepal. In response, the Lelung Dharma Trust is now giving priority to the education and welfare needs of Tibetan school children, university students and elderly refugees.

100% of funds received from sponsors will be transferred to our partner institutions for the sponsored individuals. We work with well-established trustworthy charitable organisations in India, Nepal and Mongolia.

Our current sponsorship schemes:

- **School children:** £15 per month (£180 pa)
- **Elderly refugees:** £10 per month (£120 pa)
- **University students:** £500 pa
- **Monks / Nuns:** £15 per month (£180 pa)



Legacies change lives!

Gifts in wills are essential to our projects. By leaving a gift in your will, no matter what size, your gift could help change the future life of a child, support an elderly refugee with food and warm clothes or, if you would prefer to support a specific project with your gift, we are very happy for you to do so.

Please get in touch with us and make a difference to people's lives today!

Email: info@lelung.org | Tel: 0208 424 8446



LELUNG DHARMA TRUST

Sponsorship Form

Yes, I would like to sponsor:

- | | |
|-------------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Child £15 monthly | <input type="checkbox"/> Monk / Nun £15 monthly |
| <input type="checkbox"/> University student £500 pa | <input type="checkbox"/> Elder £10 monthly |
| <input type="checkbox"/> One-off | <input type="checkbox"/> Other amount |

Your details:

Title: _____ First Name: _____ Surname: _____

Address: _____

_____ Postcode: _____

Email: _____

Phone / Mobile: _____

Direct Debit / Standing Order: Instructions to your Bank or Building Society

To: Manager

Bank or Building Society:

Address:

..... Post code:

Name of the account holder:

Account no.: Sort code:

Pay 'Lelung Dharma Trust' | HSBC | Sort code: 40-20-07 | A/c no.: 01489054

The Sum of £..... monthly / yearly (delete as appropriate) starting on

..... (day) / (month) / (year).

Gift Aid Declaration – make your gift worth 25% more at no cost to you.

Tick this box to enable us to reclaim Gift Aid.

Yes, I want to Gift Aid this donation and any donations I make in the future or have made in the past 4 years to Lelung Dharma Trust.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

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Signature: _____ Date: _____

Please notify Lelung Dharma Trust if you want to cancel this declaration, change your name or home address, no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Please return this form to: LELUNG DHARMA TRUST

Peace House, Parkside Way, North Harrow, HA2 6BX, United Kingdom

Email: info@lelung.org | Tel: 0208 424 8446 | Web: www.lelung.org



Can you help?

Lelung Dharma Trust

change a life and give hope